



Renal Ultrasound

Please come with a full bladder to make it easier to obtain images.

What is a Renal Ultrasound?

This involves an ultrasound assessment of the kidneys, bladder and your pelvic region nearby. A filled bladder is essential for this scan which you will be informed about at the time of booking.

What happens on the day?

The sonographer will take you through to the scanning room. You will be asked to lie on the table and expose your lower abdomen. A towel will be tucked into your pants to limit spread of the gel onto your clothes.

Clear gel is applied to your abdomen and the sonographer moves the probe over your tummy recording images. Measurements will be taken of your bladder while it is full.

You will then be directed to the toilet to empty your bladder.

You will be re-scanned after emptying your bladder to see if your bladder has emptied completely. The sonographer will then assess the size and shape of your kidneys.

Benefits

A renal scan can give us a lot of information about your kidneys and bladder. We can see how well you empty your bladder after you go to the toilet. We can also assess if there any issues in your kidneys that might be causing you some problems.

How long will it take?

A renal scan takes approximately 30 minutes.

Things you should know:

- Please drink 2 glasses of water a half hour before your scan.
- A filled bladder is essential for this type of scan
- You will be scanned before you empty your bladder and after.